

# CCCN EXPO at The Spotted Whale Giveaway Basket Item Suggestions

*Thank you for your consideration! To coordinate pick-up/drop-off of items email, text or call  
Zabrina at: 805-709-8645 or [Zabrina@centralcoastcn.org](mailto:Zabrina@centralcoastcn.org)*

\*All Items must be new, unopened

\*4 Baskets

\* no gifts over \$600 in value

## [Amazon Wishlist](#)

### **Giveaway Basket # 1 Pregnancy Support**

**(Need by 4/16)**

- Gift Cards to services, restaurants
- Belly Band
- Belly Lotion/Salve
- Books, Journals
- Water bottles
- Prepare for labor support: Yoga ball
- Massage tools
- Eye Mask
- Non-toxic, Safe Skin care
- Anti-Nausea goodies
- Affirmation cards, positive notes/photos/words on trinkets

### **Giveaway Basket # 2 Summer Time**

**Family Beach Day! (Need by 4/23)**

- Gift Cards to services, restaurants
- Sun screen
- Beach toys
- Cups
- Towels
- Bib, Swim Diapers, sun hats
- Baby Rash Guard
- Glasses
- Diaper Bag (SMV Doula Collective)

### **Giveaway Basket # 3 It's all about Baby**

**(Need by 4/30)**

- Gift Cards to services, restaurants
- Blankets
- Burp Cloths
- Bibs
- Clothing
- Accessories
- Stuff Animals
- Nail file/trimmers
- Laundry Detergent
- Picture Frames or wall/room decor
- Sensory Toys

### **Giveaway Basket # 4 Postpartum**

**Support (Need by 5/7)**

- Gift Cards to services, restaurants
- Lactation/Feeding Supplies
- Books, Journals
- Hydration
- Nutrition
- Self-care items
- Self-care physical healing
- Affirmation cards, positive notes/photos/words on trinkets